#### Set hitting times in Markov chains

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#### Introduction

$$X = (X_t)_{t=1}^\infty$$

irreducible discrete-time Markov chain on finite state space  $\Omega$ , transition matrix P, stationary dist.  $\pi$ ; law of X from  $x \in \Omega$  is  $\mathbb{P}_{x}(\cdot)$ .

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### Introduction

$$\begin{array}{ll} X=(X_t)_{t=1}^{\infty} & \text{ irreducible discrete-time Markov chain} \\ & \text{ on finite state space } \Omega, \text{ transition matrix } P, \\ & \text{ stationary dist. } \pi; \text{ law of } X \text{ from } x \in \Omega \text{ is } \mathbb{P}_x(\cdot). \end{array}$$

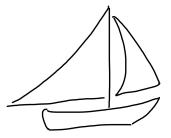
The hitting time  $\tau_A$  of  $A \subseteq \Omega$  is min $\{t : X_t \in A\}$ .

Extremal problem of max mean hitting time over 'large enough' A: for 0  $<\alpha<$  1,

$$\mathcal{T}(\alpha) = \max_{x \in \Omega, A \subseteq \Omega} \left\{ \mathbb{E}_x(\tau_A) : \pi(A) \ge \alpha \right\}.$$

### A fanciful example

Imagine meandering (compassless, mapless, drunken) sailor X.



What is worst-case time expected to reach some island *A*? A large island? A continent?

### Mixing time

Many other (more relevant) examples from statistical physics, network analysis, machine learning, card shuffling, ...

Fundamental property if X ergodic is time to get near stationarity,  $mixing \ time^{\dagger}$ 

$$t_{\min} = \min\left\{t: orall x \in \Omega, \ orall A \subseteq \Omega, \ |P^t(x,A) - \pi(A)| \leq rac{1}{4}
ight\}.$$

Usually for applications, the faster the better.

(If X periodic, we use weaker notion, Cesàro mixing time.)

### Hitting and mixing

For lazy, reversible<sup>‡</sup> X, mixing time is equivalent to the following hitting time parameter:

$$t_{ ext{prod}} = \max_{x \in \Omega, A \subseteq \Omega} \left\{ \pi(A) \mathbb{E}_x( au_A) : A 
eq \emptyset 
ight\}.$$

Theorem (Aldous, 1982)  
$$\exists C > 0 \text{ such that } \frac{1}{C} t_{\text{prod}} \leq t_{\text{mix}} \leq C t_{\text{prod}} \text{ if } X \text{ lazy, reversible.}$$

Later expanded (including Cesàro analogue without laziness, reversibility) by Aldous, Lovász & Winkler (1997), Lovász & Winkler (1998).

<sup>‡</sup>X is reversible if  $\exists \pi$ ,  $\pi(i)P^t(i,j) = \pi(j)P^t(j,i)$  for all  $i, j \in \Omega$  and  $t \ge 0$ . By lazy, we mean in the sense that  $P_{xx} \ge \frac{1}{2}$  for all  $x \in \Omega$ .

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### Hitting and mixing

Intuitively, X has not mixed until it has hit all large enough sets. Does mixing time depend on hitting times of arbitrarily small sets?

### Hitting and mixing

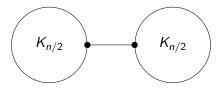
Intuitively, X has not mixed until it has hit all large enough sets. Does mixing time depend on hitting times of arbitrarily small sets? No, can restrict attention to large enough sets...

Theorem (Oliveira, 2012, and Peres & Sousi, 2011+/14?)  $\forall \alpha \in (0, \frac{1}{2}), \exists C > 0 \text{ such that } \frac{1}{C}T(\alpha) \leq t_{\text{mix}} \leq CT(\alpha) \text{ if } X \text{ lazy, reversible.}$ 

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### Hitting and mixing

... but not too large. Consider SSRW on



 $t_{
m mix} = \Omega(n^2)$  while  $T(\frac{1}{2} + \varepsilon) = O(n)$ 

 $\implies$  hitting/mixing connection fails if all sets too large, i.e. statement in previous theorem false when  $\alpha > \frac{1}{2}$ .

### Hitting and mixing

### What about $\alpha = \frac{1}{2}$ ?

## Question (Peres, 2007–) $\exists C > 0 \text{ such that } \frac{1}{C}T(\frac{1}{2}) \leq t_{mix} \leq CT(\frac{1}{2}) \text{ if } X \text{ lazy, reversible?}$

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### Hitting large sets

These connections and this question led us to study

$$T(\alpha) = \max_{x \in \Omega, A \subseteq \Omega} \left\{ \mathbb{E}_x(\tau_A) : \pi(A) \ge \alpha \right\}.$$

Note  $T(\alpha) \ge T(\beta)$  for  $0 < \alpha < \beta < 1$ .

Question ('Extremal ratio problem')

Let  $0 < \alpha < \beta < 1$ . Over all X, how large can  $T(\alpha)/T(\beta)$  be?

### Hitting large sets

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 $\implies$  'It can take longer to reach smaller islands.'

Question ('Extremal ratio problem')

Let  $0 < \alpha < \beta < 1$ . Over all X, how large can  $T(\alpha)/T(\beta)$  be?

 $\implies$  'How much longer?'

### Hitting large sets

Question ('Extremal ratio problem')

Let  $0 < \alpha < \beta < 1$ . Over all X, how large can  $T(\alpha)/T(\beta)$  be?

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### Hitting large sets

Question ('Extremal ratio problem') Let  $0 < \alpha < \beta < 1$ . Over all X, how large can  $T(\alpha)/T(\beta)$  be? Cesàro version of Oliveira/Peres & Sousi result implies Corollary

Let 
$$0 < \alpha < \beta < \frac{1}{2}$$
.  $\exists C_{\beta} > 0$  s.t.  $T(\alpha) \le C_{\beta} \frac{T(\beta)}{\alpha}$  for any X.

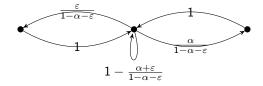
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#### Main theorem

Theorem (Griffiths, K., Oliveira & Patel, 2012+/2014?) Let  $0 < \alpha < \beta \leq \frac{1}{2}$ . For any X,  $T(\alpha) \leq T(\beta) + \left(\frac{1}{\alpha} - 1\right) T(1 - \beta) \leq \frac{T(\beta)}{\alpha}$ . (\*)

#### Sharpness of the theorem

Given  $0 < \alpha < \beta \leq \frac{1}{2}$ , for some small  $\varepsilon > 0$ , consider

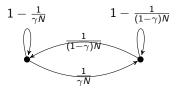


Check 
$$\pi = (\varepsilon, 1 - \alpha - \varepsilon, \alpha)$$
,  $T(\beta) = 1$  and  $T(\alpha) = \frac{1}{\alpha}$ .  
 $\implies T(\alpha) = \frac{T(\beta)}{\alpha}$ , meeting (\*) with equality.

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#### Sharpness of the theorem

Given  $0 < \alpha < \beta < 1$ ,  $\beta > \frac{1}{2}$ , let max $\{\alpha, \frac{1}{2}\} < \gamma < \beta$  and N large. Consider



Check  $\pi = (\gamma, 1 - \gamma)$ ,  $T(\beta) = 0$  and  $T(\alpha) \ge (1 - \gamma)N$ .  $\implies$  no constant bound in extremal ratio problem when  $\beta > \frac{1}{2}$ . Introduction

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#### An application of the theorem

Corollary

$$\exists C>0$$
 such that  $rac{1}{C} T(rac{1}{2}) \leq t_{ ext{mix}} \leq CT(rac{1}{2})$  if X lazy, reversible.

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Corollary

$$\exists C > 0$$
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Proof.

Note 
$$\frac{T(\frac{1}{2})}{2} \leq \max_{x \in \Omega, A \subseteq \Omega} \left\{ \pi(A) \mathbb{E}_x(\tau_A) : \pi(A) \geq \frac{1}{2} \right\} \leq t_{\text{prod}}.$$

Also,  $\pi(A)\mathbb{E}_{x}(\tau_{A}) \leq \pi(A)T(\pi(A)) \leq T(\frac{1}{2})$  for all  $A \subseteq \Omega$ (by theorem if  $\pi(A) \leq \frac{1}{2}$  and monotonicity of T otherwise).

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### An ergodic property

Given  $A, C \subseteq \Omega$ , define

$$d^+(A,C) = \max_{x\in A} \mathbb{E}_x( au_C) \quad ext{ and } \quad d^-(C,A) = \min_{x\in C} \mathbb{E}_x( au_A).$$

#### Lemma

For any chain X and A,  $C \subseteq \Omega$ ,

$$\pi(A) \leq \frac{d^+(A,C)}{d^+(A,C)+d^-(C,A)}.$$

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#### Proof of theorem

Fix  $x \in \Omega$ ,  $A \subseteq \Omega$  with  $\pi(A) \ge \alpha$ . Suffices to prove

$$\mathbb{E}_{\mathsf{x}}( au_{\mathsf{A}}) \leq T(eta) + \left(rac{1}{lpha} - 1
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Define set

$$\mathcal{C} = \left\{ y \in \Omega : \mathbb{E}_y( au_{\mathcal{A}}) > \left(rac{1}{lpha} - 1
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By definition, 'hard' to get from C to A. Also,  $\pi(C) < 1 - \beta$ :

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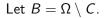
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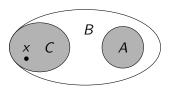
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ight\}$$

By definition, 'hard' to get from C to A. Also,  $\pi(C) < 1 - \beta$ : Suppose, for  $\bigstar$ , that  $\pi(C) \ge 1 - \beta$ . Then  $d^+(A, C) \le T(1 - \beta)$ while  $d^-(C, A) > (\frac{1}{\alpha} - 1) T(1 - \beta)$ . Lemma implies  $\pi(A) < \alpha$ ,  $\bigstar$ .

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#### Proof of theorem

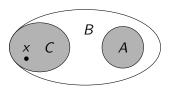




- 'easy' to get from x to B:  $\mathbb{E}_x(\tau_B) \leq T(\beta)$  as  $\pi(B) > \beta$ ;
- 'easy' to get from B to A:  $d^+(B,A) \leq (\frac{1}{\alpha}-1) T(1-\beta);$
- from x to A, we must hit B.

#### Proof of theorem

Let  $B = \Omega \setminus C$ .



- 'easy' to get from x to B:  $\mathbb{E}_x(\tau_B) \leq T(\beta)$  as  $\pi(B) > \beta$ ;
- 'easy' to get from B to A:  $d^+(B,A) \leq (\frac{1}{\alpha}-1) T(1-\beta);$
- from x to A, we must hit B.

By Markovian property of X,

$$\mathbb{E}_{\mathsf{x}}( au_{\mathsf{A}}) \leq \mathbb{E}_{\mathsf{x}}( au_{\mathsf{B}}) + d^{+}(B, \mathsf{A}) \leq T(eta) + \left(rac{1}{lpha} - 1
ight)T(1 - eta).$$

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#### An ergodic property

Lemma

$$\pi(A)\leq rac{d^+(A,C)}{d^+(A,C)+d^-(C,A)},$$

where  $d^+(A, C) = \max_{x \in A} \mathbb{E}_x(\tau_C)$ ,  $d^-(C, A) = \min_{x \in C} \mathbb{E}_x(\tau_A)$ .

Proof outline.

Martingale concentration + ergodic theorem

#### OR

Auxiliary chain simulates stationary hitting behaviour  $A \leftrightarrow C$ .

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### Shape problem

We already saw tightness in two senses, but we may ask more.

Question ('Shape problem')

Besides decreasing and (\*), what other constraints on  $T(\alpha)$ ,  $\alpha \in (0, \frac{1}{2}]$ , for all chains X on at least two states?

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### Shape problem

Let 
$$\mathcal{F}$$
 be all decreasing functions  $f : (0, \frac{1}{2}] \to \mathbb{R}$  given by  $f(\alpha) = \frac{T(\alpha)}{T(\frac{1}{2})}$  for some X on at least two states.

Let  $\overline{\mathcal{F}}$  be all decreasing functions  $f : (0, \frac{1}{2}] \to \mathbb{R}$  which are obtained by the almost everywhere pointwise limit of functions from  $\mathcal{F}$ .

Question ('Shape problem')

Does ( $\star$ ) characterise  $\overline{\mathfrak{F}}$ ?

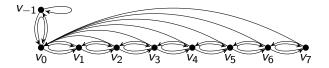
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### Shape theorem

#### Theorem (GKOP)

#### Let $f: (0, \frac{1}{2}] \to \mathbb{R}$ be a decreasing function. Then $f \in \overline{\mathcal{F}}$ iff $f(\frac{1}{2}) = 1$ and $f(\alpha) \leq \frac{1}{\alpha}$ for all $\alpha \in (0, \frac{1}{2})$ .

#### L-shaped chains



Hitting time functions  $\frac{T(\alpha)}{T(\frac{1}{2})}$  approximate any step function of form

$$f_n(x) = f\left(\frac{\lceil 2^n x \rceil}{2^n}\right),$$

where  $f(\frac{1}{2}) = 1$  and  $f(\alpha) \leq \frac{1}{\alpha}$  for all  $\alpha \in (0, \frac{1}{2})$ . Then let  $n \to \infty$ .

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### An additional contraint

We restricted our domain to  $(0, \frac{1}{2}]$ , but what about domain (0, 1)?

Theorem (GKOP)

For any X, if T(0.01) = 99.9T(0.02), then

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Notes

- There are *L*-shaped *X* with *T*(0.01) = 99.9*T*(0.02).
- (\*) implies  $T(0.01) \le T(0.02) + 99T(0.98)$ , and so

$$T(0.98) \ge rac{98.9}{99} T(0.02).$$

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### An additional contraint

We restricted our domain to  $(0, \frac{1}{2}]$ , but what about domain (0, 1)?

Theorem (GKOP)

For any X, if T(0.01) = 99.9T(0.02), then  $T(0.99) \ge 0.1T(0.02)$ .

Notes

- There are *L*-shaped *X* with *T*(0.01) = 99.9*T*(0.02).
- (\*) implies  $T(0.01) \leq T(0.02) + 99T(0.98)$ , and so

$$T(0.98) \ge rac{98.9}{99} T(0.02).$$

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### Further investigation

- 1. Shape problem for domain (0,1)?
- 2. Connect to (analogues of) other properties of Markov chains, e.g. cover time, blanket times, ...?